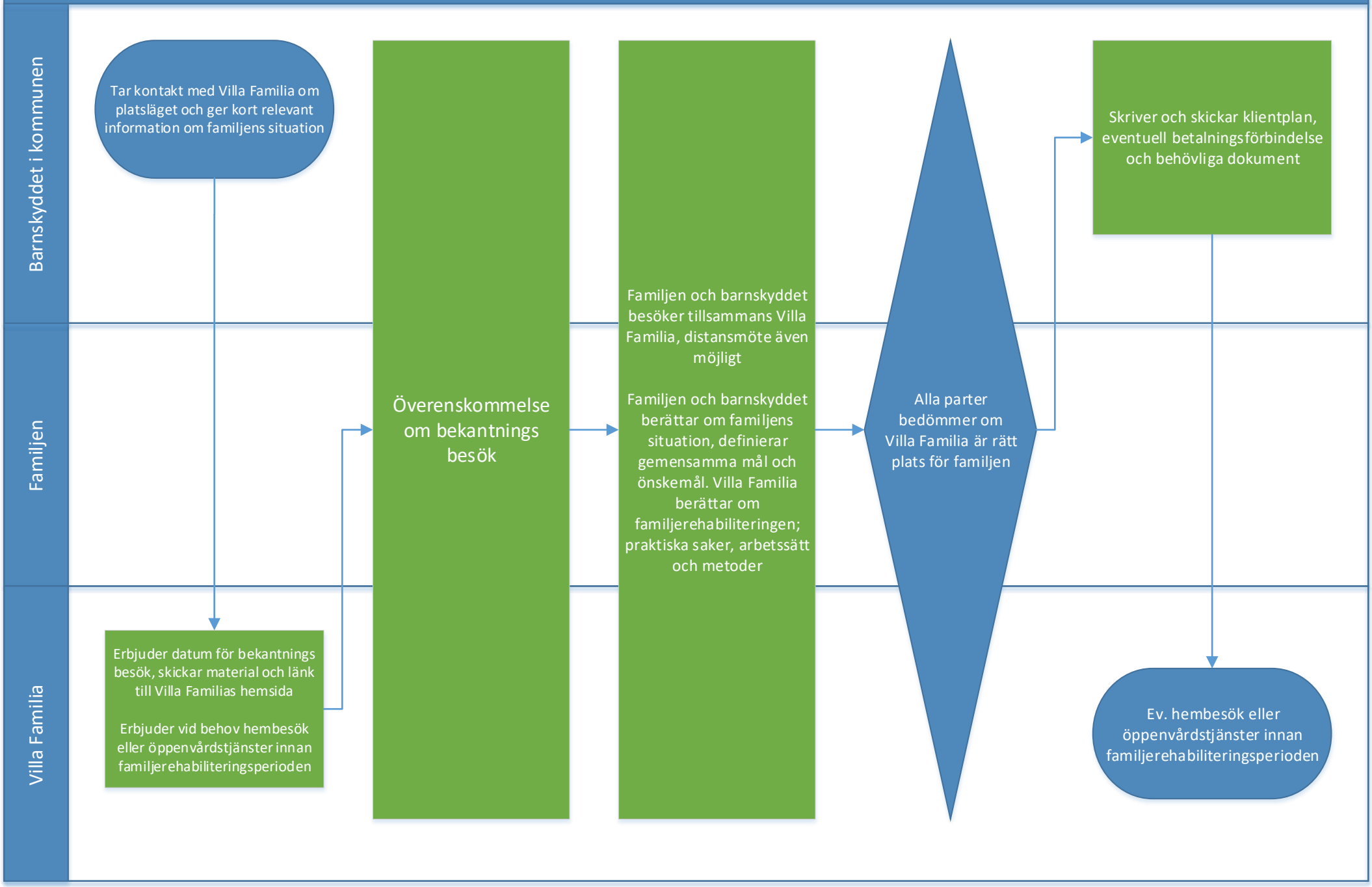Inför familjerehabiliteringen